



RIGHT PLACE.  
RIGHT CARE.  
RIGHT PLAN.

## Elderwood Health Plan

Elderwood Health Plan provides an array of home support services for individuals who are determined Medicaid Eligible with a chronic illness or disability and in need of community-based long-term care services for more than 120 days. We ensure access to needed services and help to manage home care. Members keep their own doctors, as well as Medicaid, Medicare or Part D coverage, if they have it. Depending on income, there may be a Medicaid spend-down to enroll.

### Elderwood Health Plan is a Managed Long Term Plan

The main goal of managed long-term care is to help you or a loved one stay at home as long as possible. It gives members the care needed to do daily activities that may no longer be manageable without help. Elderwood Health Plan provides medical, personal and social services. Managed long-term care plans provide community-based long-term care services, like home health and nursing home care, and ancillary and ambulatory services like dentist or optometry services. Members get services from their primary care physicians and inpatient hospital services using their Medicaid and/or Medicare cards.

### We provide the following services to members who are in need of:

- Adult day health care
- Audiology/Hearing aids
- Care management
- Consumer Directed Personal Assistance Services
- Dental care
- Durable medical equipment, medical/ surgical supplies, prosthetics, orthotics and oxygen
- Health promotion services
- Home health care, including:
  - Nursing care
  - Home health aides
  - Physical therapy (PT)
  - Occupational therapy (OT)
  - Speech therapy (ST)
  - Medical social services
- Home-delivered/congregate meals
- Housekeeping
- Nursing home care (restrictions apply)
- Nutritional counseling
- Optometry/eyeglasses
- Personal care

- Personal Emergency Response System (PERS)
- Podiatry
- Rehabilitation therapies (physical therapy, occupational therapy, speech therapy) provided outside the home
- Respiratory therapy
- Securing community entitlements, including food stamps, phone and utility subsidies and
- Medicaid recertification
- Social and environmental support
- Social day care
- Tele-health
- Transportation to health-related appointments

### **We will help you manage your care**

All members will be assigned a Care Manager who will work with them, their family and their doctors to create a plan of care which may include assistance with bathing, dressing and meals. The Care Manager will help with any health care questions and assist with appointments. Members have access to a Care Manager 24 hours a day seven days a week.

### **You are eligible to enroll in Elderwood Health Plan if you:**

- Have been assessed as eligible by NYMC.
- Live in Erie, Niagara, Orleans, Genesee, Wyoming or Monroe counties;
- Are able to stay safely at home at the time you join our plan, OR are a permanent resident of a nursing home, determined eligible for long-term Medicaid;
- Are expected to need community-based long-term care services for more than 120 days from the date you enroll;
- Are age 21 or older;
- Are determined eligible for Medicaid benefits.

## How to enroll in Elderwood Health Plan

For a review of our plan and enrollment assistance, call 1-866-THE-PLAN (1-866-843-7526). If you wish, an Elderwood Health Plan representative can visit your home and meet with you and your family to discuss the services we offer, answer your questions and determine if an MLTC is right for you.

We can assist you with tasks throughout the enrollment process, such as:

- Helping you apply for Medicaid benefits.
- Arranging a long-term care assessment,
- if needed, to determine eligibility.
- Reviewing our plan information, Member Handbook and Provider Directory.
- Completing an enrollment application.

We will make becoming a member easy by supporting you each step of the way.

We hope you will choose Elderwood Health Plan, where services are centered on your personal needs.

To begin the enrollment process, call 1-866-THE-PLAN (1-866-843-7526) or NY Relay 7-1-1 for hearing and speech impaired.

**For information and to determine eligibility call  
1-866-THE-PLAN (1-866-843-7526) | TTY: NY Relay 7-1-1**